



Fredrike Bannink is a clinical psychologist, child psychologist and lawyer.

She is a trainer and supervisor of the Dutch Association for Behavioral and Cognitive Therapies (VGCT) and co-founder and past chair of the Positive CBT section.

She is also founder and chair of the Special Interest Group of the European Association for Behavioural and Cognitive Therapies (EABCT).

Fredrike is an international keynote speaker, trainer and author of about 50 books.

[www.fredrikebannink.com](http://www.fredrikebannink.com)