

Tullio Scrimali Bioschetch

Tullio Scrimali, MD. and Ph.D., is Professor of Clinical Psychology in Catania University, Department of Medical, Chirurgical Sciences and Advanced Technologies.

He serves as Member, Teacher, and Supervisor, in the European Association for Cognitive and Behavioural Therapies (EABCT) and in the Academy of Cognitive Therapy (ACT).

He is the Founder and Director of ***ALETEIA International***, European School of Cognitive Therapy, located in Enna and Catania, Italy. This School is credited by the Italian Minister for University and works under the umbrella of EABCT.

The main research of professor Scrimali focuses on schizophrenia and psychosis, eating disorders, translating discoveries from neuroscience into clinical applications (applied neuroscience and neuroscience-based cognitive therapy), biofeedback-based strategies for emotion regulation, integrating cannabidiol-based phytotherapy into cognitive therapy.

Tullio Scrimali has more than 180 scientific publications, including 7 books and is Associate Editor in the *Journal of Evidence-Based Psychotherapies* and in *BMC-Psychology*.