

Raymond A. DiGiuseppe

[St. John's College of Liberal Arts and Sciences](#)

B.A., 1971, Villanova University, Psychology M.S., 1973, SUNY College at Brockport, General/Experimental Psychology Ph.D., 1975, Hofstra University, Psychology Post Doctoral Fellowship, 1977 Albert Ellis Institute

Raymond A. DiGiuseppe, Ph.D., ABPP is Professor of Psychology and Chair of the Institutional Review Board, and studies anger as a clinical problem. He has promoted the recognition of anger as a form of psychopathology, and studies the diagnosis, assessment, and treatment of persons with anger problems. He has developed standards for identifying anger diagnostic disorders. Dr. DiGiuseppe has published two psychological tests assessing dysfunctional anger: the Anger Disorders Scale (ADS) for adults and the Anger Regulation and Expression Scale (ARES) for children and adolescents. He works on the development of the theory, practice, and empirical research support of Rational Emotive Behavior Therapy and Cognitive Behavior Therapies. He is presently developing measures of Ellis' concept of irrational and rational beliefs and their relationship to other cognitive behavior constructs and emotional disturbance.

After earning a B.S. degree from Villanova University, Ray received his Ph.D. from Hofstra University in 1975. He completed a postdoctoral fellowship at the Albert Ellis Institute in 1977. Ray joined St. John's in 1987, where he developed the doctoral program in school psychology and received the University's Faculty Achievement Medal. He served as Department Chairperson from 2001 until 2014. He is presently Professor in the psychology department.

Ray received the Jack Krasner Early Career Contribution Award from APA's Division of Psychotherapy (29). He was elected a fellow of the American Psychological Association's divisions of Psychotherapy (29), Clinical Psychology (12), School Psychology (16), and Family Psychology (41). He served two terms as a representative and then one term as chair of Division 29's Publication Board. He then was elected president of Division 29 – the Society for the Advancement of Psychotherapy for 2014.

Ray has been active in the Association for Behavioral and Cognitive Therapy (ABCT). He helped develop the Diplomat in Behavioral Psychology (1986-87) and served on the Diplomat board. He was the ABCT associate program chair (1995), and program chair (1996). He served as ABCT convention coordinator (1997 - 2000) and associate convener for the 2001 World Congress for Behavior Therapy. Dr. DiGiuseppe was elected ABCT representative-at-large in 2001 and served as President in 2006-2007.

Ray has studied anger and is one of the world's leading experts on anger. He has co-authored with Chip Tafrate the book *Understanding Anger Disorders*, the Anger Disorder Scale, and the Anger Regulation and Expression Scale. He is a Distinguished Diplomat of the National Anger Management Association (NAMA).

Ray is a recognized expert in Rational-Emotive Therapy. Since 1980, He has served as Director of Professional Education of the Albert Ellis Institute where he worked with the famous psychologist Albert Ellis from 1975 until his death in 2007. He has trained hundreds of therapists in REBT and CBT throughout the world. He is Coeditor of the *Journal of Rational-Emotive and Cognitive Behavior Therapies* and co-authored the *Practitioners Guide to Rational-Emotive Behavior Therapy*, now in its third editions.

He has four children ages 21 – 36, and two grandchildren ages 5 and 6 and lives with his wife, Roseanne. He cooks great risotto, pizza and pasta.

His academic genealogy, which appears below, goes back to Wilhelm Wundt.

Raymond DiGiuseppe

Ph.D., 1975, Hofstra U.

Howard Kassinove

Ph.D., 1970, Adelphi U.

Gordon F. Derner

(1915-1983)

PhD, 1950, Columbia U.

Laurence F. Shaffer

(1903-1976)

Ph.D., 1930, Columbia U.

APA President, 1952.

Harold O. Rugg

(1886-1960)

Ph.D., 1915, U. Illinois

William C. Bagley

(1874-1946)

Ph.D., 1900, Cornell U.

Edward B. Titchener

(1867-1927)

Ph.D., 1892, U. Leipzig

Wilhelm Wundt

(1832-1920)MD, 1856, U. Heidelberg

Books

DiGiuseppe, R. & Tafrate, R. (2007). *Understanding Anger and Anger Disorders*. New York: Oxford University Press.

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David, O. A., & DiGiuseppe, R. (2016). *The Rational Positive Parenting Program*. New York, NY, US: Springer Science + Business Media. doi:10.1007/978-3-319-22339-1

Psychological Tests

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Chapters

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Courses Taught at St. John's University

Undergraduate Courses

Introduction to Psychological Measurement

Graduate Courses

Assessment Laboratory I & II

Behavior Therapy: Assessment, Consultation, & Therapy

Clinical Practicum

Cognitive Psychotherapies

Personality Assessment of Children, and Adolescents

Psychopathology across the Life Span I

Psychopathology across the Life Span II

School Psychology Internship Seminar I: Professional and Legal Issues

Psychological Interventions Practicum I