



Chloe Chessell

Chloe Chessell is currently a postdoctoral researcher and psychological wellbeing practitioner at the University of Oxford. She has studied for a PhD and MSc in Psychological Theory and Practice at the University of Reading. Chloe's research and clinical interests focus on the development, evaluation, and implementation of brief evidence-based cognitive behavioural therapy treatments for children with anxiety difficulties and OCD. Chloe is experienced in delivering therapist guided, parent-led cognitive behavioural therapy treatments to parents of preadolescent children with anxiety difficulties and OCD and has also trained Educational Mental Health Practitioners and Children's Wellbeing Practitioners to deliver this treatment approach.